

## Nutrition Resources for Health Fairs

The Nutrition Council is phasing out the Resource Library in 2012. Our displays, games and costumes will no longer be available to borrow. We are allowing current members to borrow materials through their membership year. To make this transition easier, here are additional nutrition education resources that can be purchased.

<b>On-Line Resources</b>		
<b>Company Name</b>	<b>Resources Available</b>	<b>Website</b>
Food & Health Communications	Offers posters, handouts, games and presentations relating to health and nutrition.	<a href="http://www.foodandhealth.com">www.foodandhealth.com</a>
Health Edco	Offers an assortment of visual aids (including 1# and 5# fat models) from alcohol to women's health.	<a href="http://www.healthedco.com">www.healthedco.com</a>
Learning Zone Express	Offers pre-school to adult nutrition education materials including posters, bulletin board kits, videos/DVDs, and curriculums.	<a href="http://www.learningzonexpress.com">www.learningzonexpress.com</a>
NASCO	Offers posters, visual aids (food models, 5# fat), lesson plans, books, videos/DVDs and curriculums related to nutrition and healthcare.	<a href="http://www.enasco.com">www.enasco.com</a>
University of Nebraska Extension	Offers videos, presentations and handouts.	<a href="http://www.extension.unl.edu">www.extension.unl.edu</a> Click on the Food, Nutrition and Health link
University of Wisconsin Extension	Offers 4 downloadable displays based on the 2012 dietary guidelines.	<a href="http://learningstore.uwex.edu/Healthy-Homemade-Program-P1442.aspx">http://learningstore.uwex.edu/Healthy-Homemade-Program-P1442.aspx</a>
Washington State Dairy Council	Offers posters, stickers, Dairy Council Food Models.	<a href="http://www.eatsmart.org">www.eatsmart.org</a>
<b>Local Resources</b>		
Costume Castle 467 Wards Corner Rd # A Loveland, OH 45140-8321 (513) 831-8121	Offers costume rentals. Call for specific costume needs.	<a href="http://www.costumecastle.com">www.costumecastle.com</a>

### Display Order Kits - Nutrition Council

Fast Food Kit – Make Your Own	Eye-catching display that depicts fat and sodium content of popular fast foods items. This kit comes with the tools you need to make your own fast food display.	\$50 for CD Rom + \$30 for a set of 80 test tubes. <a href="http://www.nutritioncouncil.org">www.nutritioncouncil.org</a>
Read It Before You Eat It Kit – Make Your Own	Fat and sugar content of popular snacks and beverages are displayed using test tubes along with the food's label information. This kit comes with the tools you need to make your own fast food display.	\$50 for CD Rom + \$30 for a set of 80 test tubes. <a href="http://www.nutritioncouncil.org">www.nutritioncouncil.org</a>
5210 Everyday!	4 displays to emphasize the 5-2-1-0 messages. Geared toward early childhood and school-aged children. <b>5</b> – Make Healthy Snack Choices with with 5 or more fruits & vegetables <b>2 – 1</b> – depicts 2 hours or less screentime and 1 or more physical activity. <b>0</b> – Make Healthy Drink choices <b>Fast Food</b> – provides tips on making healthier fast food choices.	\$30 each or \$100 for all (4) displays + \$20 for a set of 60 test tubes. <a href="http://www.nutritioncouncil.org">www.nutritioncouncil.org</a>